*JANE TRAVERS MEMORIAL 10-MILE TIME TRIAL Monday 1st May 2023 VELO CLUB BARACCHI Course B10/43

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

EVENT SEC.: Richard Allen, 5 Kelly-Pain Court, St. Margaret's Road, Lowestoft, Suffolk, NR32 4TX.

Tel. 07758 416272 / 01502 576913 riallen@talktalk.net

VCB are very grateful to today's timekeepers Dan Blackburn (Epic Orange Race Team) and Mick Madgett (Diss & District CC), and to all who helped with this event – a particular mention to Michael Watson (Diss & District CC) and Graham Dilks (Norwich ABC); also to Pete Whelan (Plomesgate CC).

ORDER OF FINISH

Pos.	Rider	Club	Cat	Vet. Std	Time	Vet -/+
1	David Halliday	Team Bottrill			00:19:51	
2	Samuel Asker	Richardsons-Trek RT			00:19:55	
3	Chris Holmes	VC Norwich	V	00:26:36	00:20:22	+06:14
4	Matt O'Brien	Loose Cannon's Conditioning	V	00:26:27	00:20:32	+05:55
4	Mark Richards	D A P Cycling Club	S		00:20:32	
6	Lloyd Chapman	Loose Cannon's Conditioning	S		00:20:34	
7	Nick Partridge	Sole Bay Cycle Sport	V	00:26:27	00:20:51	+05:36
8	Oliver Milk	Epic Orange Race Team	V	00:26:23	00:21:12	+05:11
	Stuart					
9	Fairweather	Loose Cannon's Conditioning	V	00:26:32	00:21:21	+05:11
9	Terry Garlinge	Easterley Road Club	V	00:27:07	00:21:21	+05:46
	Richard					
11	O'Rourke	Team Vision Racing - Silverhook	V	00:26:46	00:21:43	+05:03
12	David Ackerley	Team JMC	V	00:26:23	00:21:51	+04:32
13	Becky Ridge	Loose Cannon's Conditioning	WV	00:28:42	00:22:09	+06:33
14	Lee Garrod	Sole Bay Cycle Sport	V	00:27:12	00:22:14	+04:58
15	Matthew Peck	Ipswich BC	V	00:26:10	00:22:16	+03:54
16	Dominic Lowden	Diss & District CC	V	00:28:30	00:22:19	+06:11
17	Jamie Watson	Colchester Rovers CC	V	00:27:12	00:22:20	+04:52
		Ely & District CC/B&T Motor				
18	Colin Currie	Repairs	V	00:26:06	00:22:21	+03:45
19	Hannah O'Brien	Loose Cannon's Conditioning	WV	00:29:02	00:22:34	+06:28
20	Toby Barnes	Great Yarmouth C C	S		00:22:54	
21	Roy Rowland	Loose Cannon's Conditioning	S		00:22:59	
22	Chris Tye	Plomesgate CC	V	00:27:24	00:23:13	+04:11
23	Joseph Shaw	Ipswich BC	S		00:23:15	
24	Lara Franklin	Stowmarket & District CC	W		00:23:18	
25	Greg Davies	West Suffolk Wheelers	V	00:26:27	00:23:21	+03:06

Part Mory Florence Diss & District CC V 00:27:18 00:23:35 +03:49 Paul Moss Stowmarket & District CC V 00:27:18 00:23:36 +03:13 Johnathan Great Yarmouth C C V 00:27:07 00:23:36 +03:13 Ian Newby Diss & District CC V 00:27:07 00:23:44 +04:00 1 Daires Cozers Norwich A B C S 00:23:44 +06:26 3 Denise Hurren Sole Bay Cycle Sport W 00:23:44 +06:26 34 Jeff Wharton Velo Schils Interbike RT V 00:28:13 00:24:49 +00:24:5 35 Webber CC Sudbury V 00:28:13 00:24:28 +00:40 36 Mark Loogd Colchester Rovers CC V 00:27:01 00:24:48 +04:30 37 Mark Lloigd Colchester Rovers CC V 00:22:31 +02:49 38 Kieran Bell-Tye Diss & District CC S 00:24:49 +01:40 39	26	Michael Martin	CC Ashwell	V	00:27:37	00:23:25	+04:12
28 Paul Moss Stowmarket & District CC V 00:23:35 +03:43 29 Lincoln Great Yarmouth C C V 00:26:51 00:23:38 +03:13 30 Ian Newby Diss & District CC V 00:27:07 00:23:38 +03:28 31 Denise Hurren Sole Bay Cycle Sport WV 00:27:07 00:23:44 +06:26 31 Jeff Wharton Velo Schils Interbike RT V 00:24:01 +02:65 32 Webber CC Sudbury V 00:28:13 00:24:01 +02:65 34 Mark Acrookes Iceni Velo V 00:27:07 00:24:41 +02:39 35 Webber CC Sudbury V 00:27:01 00:24:41 +02:39 36 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:41 +02:30 37 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:44 +01:40 34 Julia Freeman Easterley Road Club WV <							
Johnathan Great Yarmouth C C V 00:23:58 +03:13 1an Newby Diss & District CC V 00:27:07 00:23:48 +03:38 1an Newby Diss & District CC V 00:27:44 00:23:44 +03:38 1an Newby Diss & District CC V 00:27:44 00:23:44 +08:26 1an Newby Denise Hurren Sole Bay Cycle Sport WV 00:23:41 +08:26 1an Newby Velo Schils Interbike RT V 00:28:13 00:24:01 +08:26 34 Jeff Wharton Velo Schils Interbike RT V 00:28:13 00:24:01 +02:49 35 Webber CC Sudbury V 00:28:13 00:24:13 +02:49 36 Mark Lioyd Colchester Rovers CC V 00:27:01 00:24:31 +02:49 37 Mark Lioyd Colchester Rovers CC V 00:27:01 00:24:41 +01:48 34 Julia Freeman Easterley Road Club WV 00:30:20 00:24:44 +01:48							
30 Ian Newby Diss & District CC V 00:27:07 00:23:48 +00:20 11 Paul Dennington VC Baracchi V 00:27:44 00:23:44 +00:00 31 Denise Hurren Sole Bay Cycle Sport WV 00:23:49 +00:26 32 Jeff Wharton Velo Schils Interbike RT V 00:28:13 00:24:01 +00:26 34 Jeff Wharton Velo Schils Interbike RT V 00:28:13 00:24:01 +00:26 35 Webber CC Sudbury V 00:28:13 00:24:01 +00:26 36 Mark Crookes Iceni Velo V 00:27:01 00:24:18 +00:40 38 Kieran Beil-Tye Diss & District CC S 00:24:24 +01:30 39 Mark Loyd Colchester Rovers CC V 00:27:01 00:24:44 +01:40 41 James Oxbury Norwich A B C V 00:27:24 00:25:44 +01:40 42 Nathan Franklin Stowmarket & District CC							
Paul Dennington VC Baracchi V 00:27:44 00:23:44 +04:00 1 Oliver Cozens Norwich A B C S 00:33:43 00:33:44 +04:00 31 Denise Hurren Sole Bay Cycle Sport WV 00:30:15 00:24:01 +02:55 Nicholas Webber CC Sudbury V 00:28:13 00:24:01 +02:65 Webber CC Sudbury V 00:28:13 00:24:18 +02:49 37 Matt Haigh Colchester Rovers CC V 00:27:07 00:24:18 +02:49 38 Kieran Bell-Tye Diss & District CC S 00:24:29 +04:30 40 Chris Dyason Cambridge CC V 00:30:20 00:24:49 +01:48 41 James Oxbury Norwich A B C V 00:27:24 00:24:49 +02:49 43 Julia Freeman Easterley Road Club WV 00:30:70 00:24:49 +04:43 44 Roberts Colchester Rovers CC V 00:27:24	29	Lincoln	Great Yarmouth C C		00:26:51	00:23:38	+03:13
31 Oliver Cozens Norwich A B C S 00/23:44 33 Denise Hurren Sole Bay Cycle Sport WV 00:30:15 00:24:01 +00:26 34 Jeff Wharton Velo Schils Interbike RT V 00:26:65 00:24:07 +00:26 35 Webber CC Sudbury V 00:28:13 00:24:18 +00:26 36 Mark Crookes Iceni Velo V 00:28:13 00:24:14 +00:28 37 Matt Haigh Colchester Rovers CC V 00:28:18 00:24:28 +04:30 38 Kieran Bell-Tye Diss & District CC S 00:24:28 +04:30 40 Chris Dyason Cambridge CC V 00:26:32 00:24:44 +01:48 41 James Oxbury Norwich A B C V 00:20:32 00:24:46 +06:27 42 Nathan Franklin Stommarket & District CC S 00:27:24 00:28:10 +06:24 43 Julia Freeman Easterley Road Club WV 00:27:	30	lan Newby	Diss & District CC		00:27:07	00:23:39	+03:28
33 Denise Hurren Sole Bay Cycle Sport WV 00:30:15 00:23:49 +00:26 34 Jeff Wharton Velo Schlis Interbike RT V 00:26:56 00:24:07 +02:55 55 Webber CC Sudbury V 00:28:13 00:24:07 +04:06 66 Mark Crookes Iceni Velo V 00:28:13 00:24:28 +04:30 38 Kieran Bell-Tye Diss & District CC S 00:24:29 404:30 39 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:40 +06:40 40 Chris Dyason Cambridge CC V 00:27:01 00:24:40 +06:40 41 James Oxbury Norwich A B C V 00:27:24 00:24:40 +06:40 42 Mathan Franklin Stowmarket & District CC S 00:24:41 +00:43 43 Julia Freeman Easterley Road Club WV 00:30:07 00:25:14 +04:53 44 Roberts Colchester Rovers CC	31	Paul Dennington	VC Baracchi		00:27:44	00:23:44	+04:00
34 Jeff Wharton Velo Schils Interbike RT V 00:26:56 00:24:01 402:55 Nicholas 00:28:13 00:28:13 00:24:07 404:06 36 Mark Crookes Iceni Velo V 00:28:13 00:24:13 402:49 37 Matt Haigh Colchester Rovers CC V 00:28:58 00:24:29 404:30 38 Kieran Bell-Tye Diss & District CC S 00:24:29 404:30 40 Chris Dyason Cambridge CC V 00:26:32 00:24:44 401:48 41 James Oxbury Norwich A B C V 00:30:23 00:24:56 405:27 43 Julia Freeman Easterley Road Club WV 00:30:07 00:25:44 402:44 44 Son Chris Nudds CC Bracchai V 00:27:28 00:25:44 402:34 44 Justin Bell-Tye Diss & District CC S 00:25:44 402:34 45 Chris Nudds CC Brackland V 00:27:26 00:25:44 <td>31</td> <td>Oliver Cozens</td> <td>Norwich A B C</td> <td>S</td> <td></td> <td>00:23:44</td> <td></td>	31	Oliver Cozens	Norwich A B C	S		00:23:44	
Nicholas CC Sudbury V 00:28:13 00:24:07 +04:06 Mark Crookes Iceni Velo V 00:27:07 00:24:18 +02:49 Mark Mark Crookes Iceni Velo V 00:27:07 00:24:18 +02:29 Mark Loyd Colchester Rovers CC V 00:27:01 00:24:31 +02:30 Ochris Dyason Cambridge CC V 00:27:01 00:24:49 +02:30 Ochris Dyason Cambridge CC V 00:26:32 00:24:49 +02:30 Julia Freeman Easterley Road Club WV 00:30:23 00:24:49 +02:14 Authan Franklin Stowmarket & District CC S 00:22:10 +02:14 Geherts Colchester Rovers CC V 00:27:58 00:22:44 +02:14 Mark Munnings VC Baracchi V 00:27:58 00:22:44 +02:14 Justin Bell-Tye Diss & District CC S 00:22:44 +02:14 Justin Bell-Tye Diss & District CC S 00:22:44 +02:14 <td>33</td> <td>Denise Hurren</td> <td>Sole Bay Cycle Sport</td> <td>WV</td> <td>00:30:15</td> <td>00:23:49</td> <td>+06:26</td>	33	Denise Hurren	Sole Bay Cycle Sport	WV	00:30:15	00:23:49	+06:26
35 Webber CC Sudbury V 00:28:13 00:24:07 +04:06 66 Mark Crookes Iceni Velo V 00:27:07 00:24:18 +02:49 76 Matt Haigh Colchester Rovers CC V 00:27:07 00:24:28 +04:30 78 Kieran Bell-Tye Diss & District CC S 00:22:20 +04:30 78 Mark Lloyd Colchester Rovers CC V 00:30:20 00:24:30 +06:40 74 James Oxbury Norwich A B C V 00:30:20 00:24:44 +04:48 74 Nathan Franklin Stowmarket & District CC S 00:22:40 +05:27 8 Brendan V 00:30:07 00:28:14 +04:53 74 Roberts Colchester Rovers CC V 00:30:07 00:28:44 +04:53 74 Boenda V 00:30:07 00:28:44 +04:53 74 Justin Bell-Tye Diss & District CC S 00:28:24 +01:26	34	Jeff Wharton	Velo Schils Interbike RT	V	00:26:56	00:24:01	+02:55
36 Mark Crookes Iceni Velo V 00:27:07 00:24:18 +02:49 37 Matt Haigh Colchester Rovers CC V 00:28:58 00:24:29 +04:30 38 Kiteran Bell-Tye Diss & District CC S 00:24:29 +04:30 39 Mark Lloyd Colchester Rovers CC V 00:30:20 00:24:40 +05:40 40 Chris Dyason Cambridge CC V 00:26:32 00:24:44 +01:46 41 James Oxbury Norwich A B C V 00:26:32 00:24:44 +01:46 42 Nathan Franklin Estorney Rode Club WV 00:30:27 00:25:10 +02:14 43 Julia Freeman Easterley Road Club WV 00:30:07 00:25:44 +02:34 44 Roberts Colchester Rovers CC V 00:27:58 00:25:44 +02:34 47 Justin Bell-Tye Diss & District CC S 00:26:58 +01:26 46 Mark Munnings VC Baracchi V </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
37 Matt Haigh Colchester Rovers CC V 00:28:58 00:24:28 +04:30 38 Kieran Bell-Tye Diss & District CC S 00:24:29 +04:30 39 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:31 +02:30 40 Chris Dyason Cambridge CC V 00:30:20 00:24:44 +01:48 41 James Oxbury Norwich A B C V 00:30:23 00:24:44 +01:48 42 Nathan Franklin Stowmarket & District CC S 00:24:49 +06:27 Brendan Easterley Road Club WV 00:30:07 00:22:14 +06:14 43 Chris Nudds CC Breckland V 00:27:58 00:26:44 +04:53 44 Roberts Colchester Rovers CC V 00:27:24 00:26:44 +04:53 45 Driris Nudds CC Breckland V 00:27:24 00:28:44 +04:53 46 David Young West Suffolk Wheelers S 00:26:		Webber	CC Sudbury			00:24:07	+04:06
38 Kieran Bell-Tye Diss & District CC S 00:24:29 39 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:31 +40:30 40 Chris Dyason Cambridge CC V 00:26:32 00:24:44 +40:48 41 James Oxbury Norwich A B C V 00:26:32 00:24:49 +40:54 42 Nathan Franklin Stowmarket & District CC S 00:24:56 +40:57 43 Julia Freeman Easterley Road Club WV 00:30:07 00:25:14 +40:453 44 Roberts Colchester Rovers CC V 00:27:24 00:25:44 +40:53 46 Mark Munnings VC Baracchi V 00:27:58 00:25:44 +40:53 47 Justin Bell-Tye Diss & District CC S 00:27:24 00:28:54 +40:26 48 David Young West Suffolk Wheelers S 00:27:26 00:28:54 +40:126 50 Sally Withey Swift Racing WV <	36	Mark Crookes	Iceni Velo		00:27:07	00:24:18	+02:49
39 Mark Lloyd Colchester Rovers CC V 00:27:01 00:24:31 +02:30 40 Chris Dyason Cambridge CC V 00:30:20 00:24:40 +405:40 41 James Oxbury Norwich A B C V 00:26:32 00:24:44 +401:48 41 Nathan Franklin Stowmarket & District CC S 00:24:46 +401:48 42 Nathan Franklin Stowmarket & District CC S 00:27:24 00:25:10 +402:14 43 Julia Freeman Easterley Road Club WV 00:30:07 00:25:10 +402:14 44 Roberts Colchester Rovers CC V 00:27:58 00:25:44 +404:53 45 Chris Nudds CC Breckland V 00:27:24 00:25:44 +404:53 46 David Young West Sulfolk Wheelers S 00:27:24 00:25:44 +401:26 50 Sally Withey Swift Racing WV 00:27:86 00:28:09 +401:49 51 Phil Bailey	37	Matt Haigh	Colchester Rovers CC		00:28:58	00:24:28	+04:30
40 Chris Dyason Cambridge CC V 00:30:20 00:24:40 +05:40 41 James Oxbury Norwich A B C V 00:26:32 00:24:44 +01:48 42 Nathan Franklin Stowmarket & District CC S 00:26:32 00:24:49 - 43 Julia Freeman Easterley Road Club WV 00:30:23 00:24:46 +05:27 Brendan Roberts Colchester Rovers CC V 00:27:24 00:25:14 +00:14 45 Chris Nudds CC Breckland V 00:30:07 00:25:14 +00:14 46 Chris Nudds CC Breckland V 00:27:28 00:25:44 +02:14 47 Justin Bell-Tye Diss & District CC S 00:25:38 +01:26 48 David Young West Suffolk Wheelers S 00:27:37 00:26:14 +01:49 50 Sally Withey Swift Racing WV 00:27:37 00:26:16 +01:11 51 Braicey Wenman Stowmarket &	38	Kieran Bell-Tye	Diss & District CC	-		00:24:29	
41 James Oxbury Norwich A B C V 00:26:32 00:24:44 +01:48 42 Nathan Franklin Stowmarket & District CC S 00:24:49 +01:48 43 Julia Freeman Easterley Road Club WV 00:30:23 00:24:66 +05:27 Brendan Colchester Rovers CC V 00:27:24 00:25:10 +02:14 44 Roberts Colchester Rovers CC V 00:27:68 00:25:34 +02:34 44 Roberts S 00:25:34 +00:36 +00:27:58 +00:26 45 David Young West Suffolk Wheelers S 00:27:58 +00:26:64 +01:21 46 Adam Glover Great Yarmouth C C V 00:27:37 00:26:64 +01:21 47 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +00:40 48 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:27 +00:40 49 Harley Wenman Stowmarket & Distric	39	Mark Lloyd	Colchester Rovers CC	V	00:27:01	00:24:31	+02:30
42 Nathan Franklin Stowmarket & District CC S 00.24:49 43 Julia Freeman Easterley Road Club WV 00:30:23 00:24:56 +05:27 44 Roberts Colchester Rovers CC V 00:27:24 00:25:14 +06:27 44 Roberts Colchester Rovers CC V 00:27:24 00:25:14 +04:53 46 Mark Munnings VC Baracchi V 00:27:58 00:25:44 +02:34 47 Justin Bell-Tye Diss & District CC S 00:25:44 +02:34 48 David Young West Suffolk Wheelers S 00:25:44 +01:26 50 Sally Withey Swift Racing WV 00:27:37 00:26:16 +01:21 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:26:16 +01:21 53 Braix Carr Great Yarmouth CC V 00:27:37 00:26:26 +01:11 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 <td>40</td> <td>Chris Dyason</td> <td>Cambridge CC</td> <td>V</td> <td>00:30:20</td> <td>00:24:40</td> <td>+05:40</td>	40	Chris Dyason	Cambridge CC	V	00:30:20	00:24:40	+05:40
43 Julia Freeman Easterley Road Club WV 00:30:23 00:24:56 +05:27 Brendan Roberts Colchester Rovers CC V 00:27:24 00:25:10 +02:14 44 Roberts Colchester Rovers CC V 00:27:24 00:25:44 +04:53 46 Mark Munnings VC Baracchi V 00:27:58 00:25:34 +02:34 47 Justin Bell-Tye Diss & District CC S 00:27:24 00:25:34 +02:34 48 David Young West Suffolk Wheelers S 00:27:24 00:26:46 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:28:66 +03:35 52 Sally Withey Swiffolk Wheelers V 00:27:37 00:28:26 +01:41 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:28:26 +01:21 54 Mark Eastwood Weet Suffolk Wheelers V 00:27:37 00:28:27 +02:31 55 </td <td>41</td> <td>James Oxbury</td> <td>Norwich A B C</td> <td>V</td> <td>00:26:32</td> <td>00:24:44</td> <td>+01:48</td>	41	James Oxbury	Norwich A B C	V	00:26:32	00:24:44	+01:48
Brendan Roberts Colchester Rovers CC V 00:27:24 00:25:10 +02:14 44 Chris Nudds CC Breckland V 00:30:07 00:25:14 +04:53 45 Chris Nudds CC Breckland V 00:27:58 00:25:24 +02:34 47 Justin Bell-Type Diss & District CC S 00:25:34 +02:34 48 David Young West Suffolk Wheelers S 00:25:44 +01:26 49 Adam Glover Great Yarmouth C C V 00:27:58 00:26:69 +01:49 50 Sally Withey Swift Racing WV 00:27:37 00:26:64 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:26:64 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +01:11 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:27 +02:31 55 Brian Carr Great Yarmouth C C W	42	Nathan Franklin	Stowmarket & District CC	S		00:24:49	
44 Roberts Colchester Rovers CC V 00:27:24 00:25:10 +02:14 45 Chris Nudds CC Breckland V 00:30:07 00:25:14 +04:53 46 Mark Munnings VC Baracchi V 00:27:24 00:25:44 +02:34 47 Justin Bell-Tye Diss & District CC S 00:25:44 +02:34 48 David Young West Sulfolk Wheelers S 00:25:44 +01:26 50 Sally Withey Swift Racing WV 00:27:24 00:25:68 +01:26 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:26:66 +03:35 51 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:28:4 +01:11 55 Mark Eastwood West Sulfolk Wheelers V 00:27:37 00:28:4 +00:45 57 John Steed West Sulfolk Wheelers <td>43</td> <td>Julia Freeman</td> <td>Easterley Road Club</td> <td>WV</td> <td>00:30:23</td> <td>00:24:56</td> <td>+05:27</td>	43	Julia Freeman	Easterley Road Club	WV	00:30:23	00:24:56	+05:27
45 Chris Nudds CC Breckland V 00:30:07 00:25:14 404:53 46 Mark Munnings VC Baracchi V 00:27:58 00:25:24 402:34 47 Justin Bell-Tye Diss & District CC S 00:25:34 402:34 48 David Young West Suffolk Wheelers S 00:25:44 402:34 49 Adam Glover Great Yarmouth C C V 00:27:24 00:25:58 +01:26 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +00:58 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +00:45 55 Mark Fairhead CC Breckland V 00:27:37 00:26:26 +00:45 56 Mark Fairhead CC Breckland V 00:27:37 00:26:27 +02:31 57 John Steed West Suffolk Wheelers							
46 Mark Munnings VC Baracchi V 00:27:58 00:25:24 +02:34 47 Justin Bell-Tye Diss & District CC S 00:25:34						00:25:10	+02:14
47 Justin Bell-Tye Diss & District CC S 00:25:34 48 David Young West Suffolk Wheelers S 00:25:34 49 Adam Glover Great Yarmouth C C V 00:27:24 00:25:58 +01:26 50 Sally Withey Swift Racing WV 00:27:24 00:26:06 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:37 00:26:06 +01:35 52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:20 +00:58 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +00:45 55 Brian Carr Great Yarmouth C C V 00:27:44 00:26:59 +00:45 56 Mark Fairhead CC Breckland V 00:31:25 00:27:27 +02:40 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:37 +00:45 59 Brady Ramsay Team Vision Racing - Silverhook WV <t< td=""><td></td><td></td><td></td><td>-</td><td></td><td>00:25:14</td><td>+04:53</td></t<>				-		00:25:14	+04:53
48 David Young West Suffolk Wheelers S 00:25:44 49 Adam Glover Great Yarmouth C C V 00:27:24 00:25:58 +01:26 50 Sally Withey Swift Racing WV 00:27:24 00:26:06 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:38 00:26:06 +01:49 52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +00:131 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:25 +00:45 55 Brian Carr Great Yarmouth C C V 00:27:34 +00:45 56 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Jenny Anderson Great Yarmouth C C WV 00:30:35 00:28:33 +00:02 59 Brady Ramsay Team Vision Racing - Silverhoo					00:27:58	00:25:24	+02:34
49 Adam Glover Great Yarmouth C C V 00:27:24 00:25:58 +01:26 50 Sally Withey Swift Racing WV 00:29:41 00:26:06 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:58 00:26:09 +01:49 52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:20 +00:58 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +00:45 56 Brian Carr Great Yarmouth C C V 00:27:37 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Jenny Anderson Great Yarmouth C C WV 00:30:35 00:29:33 +03:52 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:30:35 00:29:41 00:27:52 +01:49 <td></td> <td>Justin Bell-Tye</td> <td>Diss & District CC</td> <td></td> <td></td> <td>00:25:34</td> <td></td>		Justin Bell-Tye	Diss & District CC			00:25:34	
50 Sally Withey Swift Racing WV 00:29:41 00:28:06 +03:35 51 Phil Bailey Loose Cannon's Conditioning V 00:27:58 00:26:09 +01:49 52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +01:11 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:26 +01:11 54 Mark Eastwood West Sulfolk Wheelers V 00:27:37 00:26:26 +00:45 56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Sulfolk Wheelers V 00:30:70 00:27:33 +02:40 58 Jenny Anderson Great Yarmouth C C WV 00:30:35 00:27:33 +02:02 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:30:35 00:27:33 +02:02			West Suffolk Wheelers			00:25:44	
51 Phil Bailey Loose Cannon's Conditioning V 00:27:58 00:26:09 +01:49 52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:20 +00:58 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +01:11 55 Brian Carr Great Yarmouth C C V 00:27:37 00:26:59 +00:45 56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:52 +01:49 58 Jenny Anderson Great Yarmouth C C WV 00:30:35 00:28:33 +00:202 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:30:35 00:29:13 +01:22 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 <		Adam Glover	Great Yarmouth C C		00:27:24	00:25:58	+01:26
52 Phil Jarvis Colchester Rovers CC V 00:27:37 00:26:16 +01:21 53 Harley Wenman Stowmarket & District CC V 00:27:37 00:26:20 +00:58 54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +01:11 55 Brian Carr Great Yarmouth C C V 00:27:37 00:26:59 +00:45 56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Brady Ramsay Team Vision Racing - Silverhook WV 00:31:25 00:27:52 +01:49 60 Nick Parravani CC Breckland V 00:30:35 00:28:33 +02:02 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 62 Mark Carroll VC Baracchi V 00:31:05 00:32:04 -00:28 63				WV		00:26:06	+03:35
Harley Wenman Stowmarket & District CC V 00:27:18 00:26:20 +00:58 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:26:26 +01:11 55 Brian Carr Great Yarmouth C C V 00:27:37 00:26:29 +00:35 56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Brady Ramsay Great Yarmouth C C WV 00:30:07 00:27:27 +02:40 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:27:52 +01:49 60 Nick Parravani CC Breckland V 00:30:35 00:28:33 +02:02 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 62 Mark Carroll VC Baracchi V 00:30:35 00:32:4 -00:28 64 Gerry Barton West Suffolk Wheelers <t< td=""><td></td><td></td><td>Loose Cannon's Conditioning</td><td>-</td><td>00:27:58</td><td>00:26:09</td><td>+01:49</td></t<>			Loose Cannon's Conditioning	-	00:27:58	00:26:09	+01:49
54 Mark Eastwood West Suffolk Wheelers V 00:27:37 00:28:26 +01:11 55 Brian Carr Great Yarmouth C C V 00:28:58 00:28:59 +00:45 56 Mark Fairhead CC Breckland V 00:27:44 00:28:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Brady Ramsay Great Yarmouth C C WV 00:31:25 00:27:33 +03:52 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:29:41 00:27:52 +01:49 60 Nick Parravani CC Breckland V 00:30:35 00:29:33 +02:02 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 62 Mark Carroll VC Baracchi V 00:23:13 00:30:12 -01:59 63 Caroline Wyke CC Sudbury WV 00:31:36 00:32:34 -02:44 65 John Shellard		Phil Jarvis	Colchester Rovers CC			00:26:16	+01:21
Brian Carr Great Yarmouth C C V 00:28:58 00:26:27 +02:31 56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Jenny Anderson Great Yarmouth C C WV 00:31:25 00:27:33 +03:52 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:30:35 00:28:33 +02:02 60 Nick Parravani CC Breckland V 00:30:35 00:29:13 +01:22 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 62 Mark Carroll VC Baracchi V 00:30:35 00:22:02 +01:22 63 Caroline Wyke CC Sudbury WV 00:31:36 00:32:04 -00:28 64 Gerry Barton West Suffolk Wheelers V 00:29:54 00:32:38 -02:44 65 John Shellard V						00:26:20	+00:58
56 Mark Fairhead CC Breckland V 00:27:44 00:26:59 +00:45 57 John Steed West Suffolk Wheelers V 00:30:07 00:27:27 +02:40 58 Jenny Anderson Great Yarmouth C C WV 00:31:25 00:27:33 +03:52 59 Brady Ramsay Team Vision Racing - Silverhook WV 00:29:41 00:27:52 +01:49 60 Nick Parravani CC Breckland V 00:30:35 00:28:33 +02:02 61 John Swanbury VC Baracchi V 00:30:35 00:29:13 +01:22 62 Mark Carroll VC Baracchi V 00:28:13 00:30:12 -01:59 63 Caroline Wyke CC Sudbury WV 00:31:05 00:32:38 -02:44 64 Gerry Barton West Suffolk Wheelers V 00:29:54 00:32:38 -02:44 65 John Shellard VTTA (East Anglia Group) V 00:31:05 00:36:13 -05:08 66 Sim		Mark Eastwood		V		00:26:26	+01:11
57John SteedWest Suffolk WheelersV00:30:0700:27:27+02:4058Jenny AndersonGreat Yarmouth C CWV00:31:2500:27:33+03:5259Brady RamsayTeam Vision Racing - SilverhookWV00:29:4100:27:52+01:4960Nick ParravaniCC BrecklandV00:30:3500:28:33+02:0261John SwanburyVC BaracchiV00:30:3500:29:13+01:2262Mark CarrollVC BaracchiV00:31:3600:32:04-00:2863Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:26:2700:46:08-19:4166Simon MillardVC NorwichV00:27:37DNSNS66Simon MillardVCTA (East Anglia Group)V00:26:2700:46:08-19:4167James HaywardIpswich Tri ClubSDNSNSNS68Alan McGuirePlomesgate CCV00:26:32DNSNS69Alan McGuirePlomesgate CCV00:26:32DNSNS61JayDRAG2ZEROV00:26:32DNSNS62Sanley WorrellVC BaracchiV00:26:23DNSA63Chris WomackVC BaracchiV00:30:35DNSA <td></td> <td>Brian Carr</td> <td></td> <td></td> <td>00:28:58</td> <td>00:26:27</td> <td>+02:31</td>		Brian Carr			00:28:58	00:26:27	+02:31
58Jenny AndersonGreat Yarmouth C CWV00:31:2500:27:33+03:5259Brady RamsayTeam Vision Racing - SilverhookWV00:29:4100:27:52+01:4960Nick ParravaniCC BrecklandV00:30:3500:28:33+02:0261John SwanburyVC BaracchiV00:30:3500:29:13+01:2262Mark CarrollVC BaracchiV00:30:12-01:5963Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:27:37DNS67Alan McGuirePlomesgate CCV00:27:37DNS68Alan McGuirePlomesgate CCV00:26:41DNS69Paul JayDRAG2ZEROV00:26:32DNS60NorellVC BaracchiV00:26:32DNS61Siney WorrellVC BaracchiV00:26:23DNSA62CCV00:28:06DNSA63Corcle WorrellVC BaracchiV00:28:06DNSA64Siney WorrellVC BaracchiV00:28:06DNSA65Diss & District CCV00:26:23DNSA66Corcle WorneckVC BaracchiV<	56	Mark Fairhead	CC Breckland		00:27:44	00:26:59	+00:45
59Brady RamsayTeam Vision Racing - SilverhookWV00:29:4100:27:52+01:4960Nick ParravaniCC BrecklandV00:30:3500:28:33+02:0261John SwanburyVC BaracchiV00:30:3500:29:13+01:2262Mark CarrollVC BaracchiV00:28:1300:30:12-01:5963Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:27:18DNS-19:41Richard ChilversVC BaracchiV00:27:37DNS-19:41Alan McGuirePlomesgate CCV00:26:32DNS-19:41Paul JayDRAG2ZEROV00:26:32DNS-19:41Rob HobbsDiss & District CCV00:28:06DNSA-19:41Rob HobbsDiss & District CCV00:28:13DNS-19:41	57	John Steed	West Suffolk Wheelers		00:30:07	00:27:27	+02:40
60Nick ParravaniCC BrecklandV00:30:3500:28:33+02:0261John SwanburyVC BaracchiV00:30:3500:29:13+01:2262Mark CarrollVC BaracchiV00:28:1300:30:12-01:5963Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:28:06DNSARob HobbsDiss & District CCV00:28:06DNSAChris WomackVC BaracchiV00:30:35DNSA	58	Jenny Anderson	Great Yarmouth C C	WV	00:31:25	00:27:33	+03:52
61John SwanburyVC BaracchiV00:30:3500:29:13+01:2262Mark CarrollVC BaracchiV00:28:1300:30:12-01:5963Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:28:06DNSARob HobbsDiss & District CCV00:28:06DNSAChris WomackVC BaracchiV00:30:35DNSA	59	Brady Ramsay	Team Vision Racing - Silverhook	WV	00:29:41	00:27:52	+01:49
62Mark CarrollVC BaracchiV00:28:1300:30:12-01:5963Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:26:41DNSMark ArnoldVTTA (East Anglia Group)V00:26:32DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	60	Nick Parravani	CC Breckland	V	00:30:35	00:28:33	+02:02
63Caroline WykeCC SudburyWV00:31:3600:32:04-00:2864Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:26:41DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:28:06DNSARob HobbsDiss & District CCV00:28:06DNSAChris WomackVC BaracchiV00:30:35DNSA	61	John Swanbury	VC Baracchi		00:30:35	00:29:13	+01:22
64Gerry BartonWest Suffolk WheelersV00:29:5400:32:38-02:4465John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	62	Mark Carroll	VC Baracchi	-	00:28:13	00:30:12	-01:59
65John ShellardVTTA (East Anglia Group)V00:31:0500:36:13-05:0866Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:26:27DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	63	Caroline Wyke	CC Sudbury	WV	00:31:36	00:32:04	-00:28
66Simon MillardVC NorwichV00:26:2700:46:08-19:41Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	64	Gerry Barton	West Suffolk Wheelers	V	00:29:54	00:32:38	-02:44
Richard ChilversVC BaracchiV00:27:18DNSJames HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	65	John Shellard	VTTA (East Anglia Group)	V	00:31:05	00:36:13	-05:08
James HaywardIpswich Tri ClubSDNSAlan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA	66	Simon Millard	VC Norwich	V	00:26:27	00:46:08	-19:41
Alan McGuirePlomesgate CCV00:27:37DNSMark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA		Richard Chilvers	VC Baracchi	V	00:27:18	DNS	
Mark ArnoldVTTA (East Anglia Group)V00:26:41DNSPaul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA		James Hayward	Ipswich Tri Club	S		DNS	
Paul JayDRAG2ZEROV00:26:32DNSStanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA		Alan McGuire	Plomesgate CC	V	00:27:37	DNS	
Stanley WorrellVC BaracchiV00:28:06DNSARob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA		Mark Arnold	VTTA (East Anglia Group)	V	00:26:41	DNS	
Rob HobbsDiss & District CCV00:26:23DNSAChris WomackVC BaracchiV00:30:35DNSA		Paul Jay	DRAG2ZERO	V	00:26:32	DNS	
Chris Womack VC Baracchi V 00:30:35 DNSA		Stanley Worrell	VC Baracchi	V	00:28:06	DNSA	
		Rob Hobbs	Diss & District CC	V	00:26:23	DNSA	
Steven Little Colchester Rovers CC V 00:26:27 DNSA		Chris Womack	VC Baracchi	V	00:30:35	DNSA	
		Steven Little Colchester Rovers CC			00:26:27	DNSA	

Jolyon Glynn	Cambridge CC	S		DNSA	
Martin Reynolds	Cambridge CC	V	00:27:51	DNSA	

PRIZES

Women:

1st *Jane Travers Memorial Trophy and £55.00 -

	Becky Ridge	Loose Cannon's Conditioning	22:09				
2nd £40.00	Hannah O'Brien	Loose Cannon's Conditioning	22:34				
3rd £35.00	Lara Franklin	Stowmarket & District CC	23:18				
4th £25.00	Denise Hurren	Sole Bay Cycle Sport	23:49				
Men:							
1st £50.00	David Halliday	Team Bottrill	19:51				
2nd £35.00	Samuel Asker	Richardsons-Trek RT	19:55				
3rd £30.00	Chris Holmes	VC Norwich	20:22				
4^{th} = £10.00	Matt O'Brien	Loose Cannon's Conditioning	20:32				
4^{th} = £10.00	Mark Richards	DAP CC	20:32				
Fastest team of three: £15.00 each: Loose Cannon's Conditioning,							
aggregate 62:27 (Matt O'Brien, Lloyd Chapman, Stuart Fairweather)							
Vets on standard (<mark>one award per rider</mark>)							
(=1 st) £30.00 Dominic Lowden Diss & District CC +6:11							
(=2 nd) £20.0	0 Terry Garlinge	Easterley RC	+5:46				
(=3 rd) £12.0	0 Chris Dyason	Cambridge CC	+5:40				

Thank you all for riding.

Good luck for the rest of the season!

Velo Club Baracchi